



REVEAL

Trust. Engagement. Performance.

REVEAL for Women Leaders of remote & hybrid team:

12 weeks to Unlock Performance Through
the Development of Success Behaviours

Programme Dates:	6 November 2025 – 12 February 2026
Delivery:	Fully online via Zoom and a private learning community
Time Commitment:	Approx. 3–5 hours/week
Live Sessions:	Thursdays at 2pm GMT
Festive Break:	12 December – 14 January
Website:	syncskills.net/reveal-pilot

Reveal is a unique programme designed to help women managers of remote and hybrid teams to develop their leadership skills. Focusing on developing practical communication skills to support success behaviours in leading dispersed teams whilst being authentic. By the end of the programme, they will be confident in supporting their individual team members and their team as a whole **perform better against criterion they have defined and agreed.**

The programme is uniquely designed to support each manager in the areas they most need to develop, using insights from a diagnostic and tailored practice. Through group coaching and peer brainstorming, they'll build a supportive network while strengthening key behaviours. By the end of the programme, each participant will have created a strategic plan to grow and lead a high-performing team.

Special Offer

£1,200 + VAT

Early bird rate

£995 + VAT

until **30th
June**

Who is it for:

Women Managers of international remote or hybrid teams who are:

- Struggling with communication and trust in their team
- Feeling overwhelmed and frustrated
- Caught in a cycle of firefighting, conflict, and low team accountability
- Wanting to develop a strategy to deliver on performance and meeting deadlines
- Creating space for themselves to have time for strategic thinking
- Wanting to feel confident and in control of their decision-making process

36% of managers report burnout, and 24% are thinking of quitting (Source: Forbes, 2024)

Learning outcomes

1. Define clear leadership goals and map out practical steps to improve team performance using both qualitative insights and quantitative data.
2. Design and implement a personalised action plan to achieve defined goals, including clear milestones, stakeholder alignment, and real-world application.
3. Develop, practise, and embed the six Reveal Success Behaviours to lead hybrid and remote teams with clarity, confidence, and consistency.
4. Apply powerful questioning techniques to create space for reflection, build team ownership, and drive problem-solving.
5. Strengthen team accountability and collaboration by establishing shared expectations, trust-building routines, and effective communication practices.

Reveal 6 Success Behaviours

Each participant will have access to a personalised diagnostic for each behaviour which will help identifying specific behaviour requiring more work and focus.





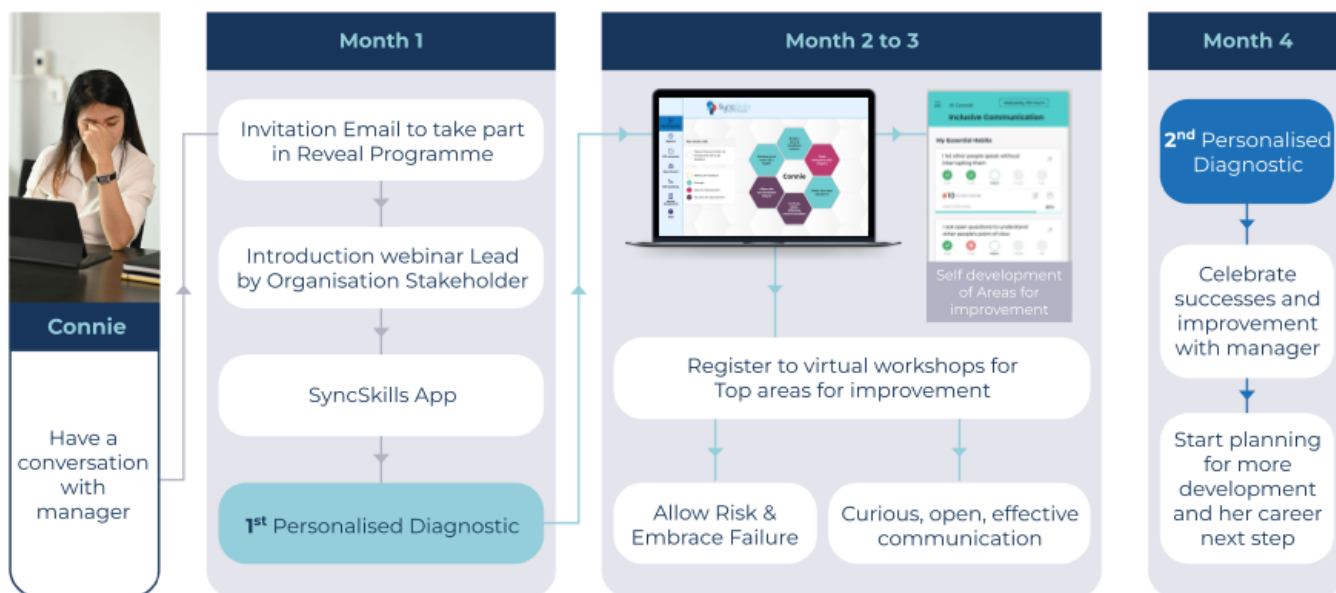
Methodology

- Grounded in behavioural science and real-world team challenges
- Focused on reflection, feedback, and deliberate practice
- Beneficiate from lively community group to share, discuss, learn and be held accountable to change
- Combines short, interactive sessions with on-the-job experimentation
- Uses behavioural nudges, self-awareness tools, and peer learning
- Designed for impact in remote and hybrid team settings

Programme Structure

- 12-week journey with live virtual sessions (90 mins per week)
- Weekly themes focused on communication, collaboration, and performance
- Micro-practice tasks between sessions to apply learning immediately
- Peer learning groups to reflect, support, and challenge in person and online
- Access to a private learning hub with tools, prompts, and resources

An Example: Connie personalised Learning Journey



Diagnostic Tool:

- Identify strengths and individual behavioural focus areas
 - Based on personal evaluation
 - Manager feedback
 - Minimum two other professional relationships
- Tailored workshop selection and coaching support
- Support the development of strategy
- Targeted practice and daily challenge to adopt success behaviour

Virtual Workshops

Attend only workshops on top areas of development

3 hour Focused on activity based learning focusing on planning, practicing and implementing

Accountability process



Independent Learning

Use navigator app to identify small gain and easy to implement tips to try and develop.

Programme Overview

Activity	Duration per session	Number of Sessions	Total Time
1:1 Coaching	60 mins	2	2 hrs
Success Behaviour Workshops	3 hrs	2–4	6–12 hrs
Action Learning Sets	2 hrs	3	6 hrs
Expert-Led Strategic Sessions	3 hrs	3	9 hrs
Planning for Success (Small Groups)	2 hrs	1	2 hrs
Total Facilitated Hours			25–30 hrs

Plus: **20–35 hours of self-directed learning and reflection.**

Detailed Schedule

All facilitated sessions will be on Thursdays at 14:00 GMT (15:00CET) unless otherwise stated.

Week Number	Date of live session	Theme of the week
1	Thur 6 Nov 25 - 14h GMT 2H Workshop	Introduction, welcome and getting started <ul style="list-style-type: none"> • Presentation of programme • Introduction of Reveal Success behaviour App • Planning goals & booking first coaching session • Kickstarting community
2	Fri 7 Nov to Fri 14 Nov 1H 1:1 session	Coaching session 1: Define specific challenges and individual goals
3	Thur 13 Nov 25 - 14h GMT 3H workshop	Expert Lead session: Finding your voice in the digital space <ul style="list-style-type: none"> • Multi-channel strategies • Story telling in the digital space • Self-awareness & Communicating expectations
4	Thur 20 Nov 25 - 14h GMT	Action Learning Set Solving my challenges 3H
5	Thur 27 Nov 25 - 14h GMT 3H workshop	Expert Lead session: Collaborating in the digital space <ul style="list-style-type: none"> • Setting up processes for success • Tools to collaborate in the digital space : brainstorming, collaborating, feedback, knowledge sharing, accountability
6	Thur 4 Dec 25 - 14h GMT	Action Learning Set Solving my challenges & Asking powerful questions 2H
7	Tues 9 Dec to Thur 11 Dec 25 - 14h GMT 3H workshop	Success behaviour workshops (3 different options between 9th and 11th to be booked after diagnostic results)
8	Tues 13 Jan to Thur 15 Jan 26 - 14h GMT 3H workshop	Success behaviour workshops (3 different options between 13th and 15th to be booked after diagnostic results)

Week Number	Date of live session	Theme of the week
9	Thur 22 Jan 26 - 14h GMT	Action Learning Set Solving my challenges 2H
10	Tues 27 Jan to Thur 29 Jan 26 - 14h GMT 3H workshop	Success behaviour workshops (3 different options between 13th and 15th to be booked after diagnostic results)
11	Thur 5 Feb 26 - 14h GMT 2H Workshop	Expert lead session: AI & my team <ul style="list-style-type: none"> • Navigating performance in the world of AI • Risk, benefits and strategies
12	Thur 12 Feb 26 2H during the day	Leading change: Sharing your plan 30 min per participants in groups of 4 Present your action plan to the group and demonstrate how it supports performance improvement in your team and share your commitments for changes.
13 to 24	Before 30th May 2026 1H 1:1 session	Coaching session 2: Evaluating Progress and Impact

Registration process: **Reveal Pilot – Special Offer**

Open to women managing remote or hybrid teams, working in English, anywhere in the world. 30 places only — apply now to shape your leadership and your career

Join a high-impact, fully online leadership programme for just:

- **£1,200 + VAT**
Or
- **£995 + VAT** if you apply by **30th June**

Includes

- diagnostics,
- expert sessions,
- coaching
- peer learning

— normal price £2,500.

Apply in 3 steps:

- 1 Complete application form:
<https://forms.gle/maei37oHtGvYm5lQ6>
- 2 Join a 30-min Zoom conversation (if shortlisted)
- 3 Confirm your place with payment

